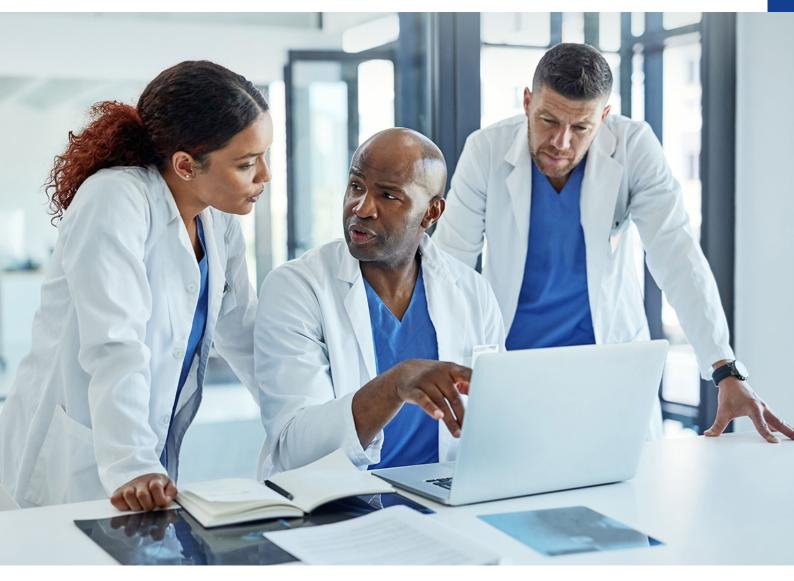


# iTind Training Program for Physicians



## OLYMPUS CONTINUUM

### iTind Training Pathway for Physicians

#### Thank You for Your Interest in iTind

The following is an outline of the iTind training program. It is designed to maximize your success in incorporating the iTind procedure into your healthcare organisation and offer your patients a safe minimally invasive solution for rapid and effective relief of their BPH symptoms.

#### **iTind Training Process at a Glance**

Step 1:	Educational Course	
Option 1: Individual E-Learning	or	Option 2: (Virtual) Medical Expert Training
Step 2:	Training Session - Five Supported Procedures	
2a — Recruitment of five patients		

#### 2b - Implantation day

- $\cdot$  One-hour refresher of the procedure steps, including hands-on demo, troubleshooting and OR team brief.
- $\cdot$  Five iTind implantation clinical procedures supported by certified trainer.

#### 2c – Removal day

- $\cdot$  20 minutes of tabletop training and removal procedure review.
- $\cdot$  Three to five iTind removal clinical procedures supported by a certified trainier.

### **COMPLETION OF TRAINING PROGRAM**

Step 3:

Follow up discussion and continuous support from Olympus Representative

\*\* In total, five clinical cases are required for the completion of the training program.

<sup>\*</sup> Step 2 can also be performed under remote support via MS Teams if the obligatory contract between the physician and Olympus/Medi-Tate has been signed beforehand.

### iTind Training Pathway for Physicians

### **Step 1: Educational Course**

The training program will begin with an educational course including an overview of the IFU, mechanism of action, overview of clinical studies and data, indications and contraindications, procedure steps, necessary equipment, and recommendations for managing patient symptoms and patient expectations. After having completed the educational course, you will receive a certificate enabling you to start recruiting your first patients.

### There are two options available for completing the educational course:

**Option 1:** Individual E-learning: A user ID and password will be sent to you along with a link to access an online platform, where you will be able to complete the five course modules. Estimated time for completion is around 30-45 minutes.

**Option 2:** (Virtual) Medical Expert Training (MET): You will receive an invitation to attend an interactive course hosted by an experienced iTind user. (Virtual) METs are held periodically. Please ask your Olympus representative when the next meeting will be held.

## Step 2: Training Session — Five Supported Procedures (Recommended timeline: within 3 months of completion of Step 1)

We recommend five procedures be scheduled for the training session in order to be most effective.

### 2a: Recruitment of the First Patients

We strongly recommend carrying out a flexible cystoscopy as part of the screening process in order to rule out uretral strictures, obstructive medain lobe or the presence of large bladder stones. This will also help better understand whether patients would be appropriate candidates for a procedure without sedation, if that is the goal. We also strongly recommend recording IPSS scores for all patients in order to have a baseline for follow-up visits and assessment of clinical results.

Patient Selection for Training		
Included	Excluded	
Prostate volume ≤60 ml	Obstructive median lobe	
High bladder neck/PBNO	Active urinary tract infection	
Good detrusor function	Artificial urinary Sphincter or any implant (metallic or non metallic) within the urethra - Any patient condition which, to the implanting physician's opinion, may cause complications during the deployment of the device	

### iTind Training Pathway for Physicians

### **2b: Implantation Day**

A certified representative will join you and support you through your first five cases, either in person or virtually. A final review of the IFU, procedure steps, troubleshooting tips and tricks, and an overview of how to manage patient symptoms and expectations will be scheduled for one hour either directly before the procedure or at the most 1-2 days prior.

Necessary Equipment	
iTind device	Anesthetic gel
Rigid cystoscope 19F-22F	Scissors/scalpel
30° optics	Surgical tape

IV Propofol

**Note:** The first 3 implantations should be preformed under sedation, the following two implantations may optionally be performed without sedation under local anesthetic; this decision is at the physician's discretion. We recommend giving prophylactic antibiotics as per hospital protocol.

### 2c: Removal Day

A certified representative will join you and support you through your first three to five removal procedures, either in person or virtually. After that, you will have completed your training for device removal. Please schedule 20 minutes before the procedures for a tabletop training refresher, observation of training videos and overview of patient symptoms and expectation management.

Necessary Equipment		
Standard Procedure	Troubleshooting	
22F open-ended silicon foley catheter (not included in the iTind package)	Ethicon suture	
iTind retrieval snare	19F-22F rigid cystoscope	
IV Propofol	Robust grasper	

Anesthetic gel

**Note:** The first 3 removals should be preformed under sedation, the following two removals may optionally be performed without sedation under local anesthetic; this decision is at the physician's discretion.

Upon completion of five supported procedures, you will have completed the training and will receive a certificate enabling you to carry out iTind procedures independently.

### iTind Training Pathway for Physicians

### Step 3: Follow up Discussion and on-demand support from Olympus Representative

### During these visits, the following will be reviewed and discussed:

- $\cdot$  Level of comfort with the procedure
- · Patient experience and review of patient management protocol
- · Reimbursement status
- A certified representative will organise follow up meetings with you to share lessons learned or updates in best practice.

### Finally, you will then be added to our list of trained iTind users in your country.

Upon completing the training program, you will be ready to confidently incorporate the iTind procedure into your scope of patient services offered. Your success is important to us. If you have any questions, concerns or special requests regarding the training program, please feel free to reach out to us through your contact at Olympus, and we will do our best to accommodate you.

Good luck!

As medical knowledge is constantly growing, technical modifications or changes of the product design, product specifications, accessories and service offerings may be required.



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